

# **HANDLE WITH CARE**

## **“INSTRUCTOR RE-CERTIFICATION PROGRAM”**

### **DULUTH, MN**

*Helping to create and maintain safer, more caring environments by teaching preventative actions that result in decreased need for physical restraint.*

<b>When:</b>	<b>OCT. 23, 2025</b>	<b>8:30 AM - 4:30 PM</b>
<b>Training:</b>	<b>Northwood Children's Services Merritt Creek Academy 4000 W. 9<sup>th</sup> Street, Duluth, MN 55807</b>	
<b>Lodging:</b>	<b>Holiday Inn Express 200 W First St., Duluth, MN 58802   TEL: (218) 722-1202 NO ROOM BLOCK RESERVED</b>	
<b>Cost:</b>	<b>\$525.00 per participant</b>	

**This seminar will cover:**

- **Comprehensive Verbal Skills Workshop:** HWC's Verbal De-escalation Training focuses on understanding the cycle of tension/relaxation and calibrating the intervention based on the student's needs and where the student is on the cycle. HWC also teaches a self-awareness model where staff is taught to monitor and control their reactions to provide better care and develop the ability to defuse situations through their own behavior and responses. The program then puts theory into practice in the form of role-plays. Physical Skills Training: Personal defense, use of personal space and blocking techniques
- **Personal Defense:** Includes the use of personal space, escapes, blocking techniques and 3rd person save methods. HWC is the only technology in the industry that teaches you how to protect both yourself and another person/student from harm.
- **Primary Restraint Technique®.** The PRT® is versatile, effective, painless, safe and easy to apply. Staff is positioned in the safest place possible; behind the student. The PRT conveys an immediate reassuring sense of limits and is very effective with autistic students.
- **Early Childhood: Pre-School and Early Elementary School Program.** HWC has been training nursery and preschool teachers and psychiatric hospitals serving children as young as three for decades. Go to our web site for more information on our nursery and pre-school program including our proprietary child holding method.

**This is an Instructor Re-Certification Program. Participants must have competed Handle With Care's Instructor Certification Program Prior to attending. Enrollment is limited.**  
**Slots will fill fast.**

**To enroll or request additional information call:  
Seminar Administrator: (845) 255-4031 / Fax: (845) 256-0094**

**Go To: [www.HandleWithCare.com](http://www.HandleWithCare.com)**

**HANDLE WITH CARE “INSTRUCTOR RE-CERTIFICATION PROGRAM”  
DULUTH, MN - REGISTRATION FORM**

Please Fax completed Form to: Seminar Administrator @ 845-256-0094

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**4000 W. 9<sup>th</sup> Street, Duluth, MN 55807**  
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200 W First St., Duluth, MN 58802 | TEL: (218) 722-1202  
**NO ROOM BLOCK RESERVED**  
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Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Participant Name	Email	Tel
_____	_____	_____
_____	_____	_____
_____	_____	_____

Wish to reserve the following slots:

Name of Agency		
<u>Day</u>	<u># of Slots</u>	<u>Cost</u>
Instructor Re-Certification Only	_____	\$525/person

Payment should be made payable to: **Handle With Care Behavior Management System EIN 14-1803426 at 184 McKinstry Road, Gardiner, NY 12525**, Tel: 845-255-4031. I hereby represent that I am authorized to submit this Registration form on behalf of my agency. By registering, my agency is obligating payment for the above-registered people. Contractual terms associated with this training are incorporated herein and can be viewed on our web site: [www.handlewithcare.com](http://www.handlewithcare.com). To receive a refund, you must cancel 30 days before the scheduled training. If registered people are unable to attend due to sickness, weather or any other emergency or act of god a credit will be given for that person to attend another Handle With Care Seminar.

\_\_\_\_\_  
Signature of authorized agency agent

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name, Title