

# Teaching the Science of Behavior Management

We offer highly specialized training that teaches the safest and most powerful behavior intervention methods in the industry.



**HANDLE WITH CARE**  
Behavior Management System

## **HANDLE WITH CARE®** Behavior Management System

Preschool and Early Elementary Special Education teachers identify disruptive, self destructive and assaultive behaviors as the most challenging aspects of their jobs and the one for which they feel the least prepared. HWC's Early Childhood Program teaches the behavior management and relationship skills that reduce tension and create and maintain a calm and safe learning environment for all.

HWC has been training preschool and K-12 teachers serving children as young as three since 1984.

Handle With Care is recognized by professional regulatory bodies, including:

- IDEIA, ADA and 504
- CARF (The Rehabilitation Accreditation Commission)
- COA (The Council on Accreditation for Children and Family Services)
- Joint Commission (formerly JCAHO) and DOH
- HWC's program complies with all US Rules and Laws regarding the use of holds and time-outs



**50%+**  
Reduction in number  
of restraints & injuries



**1,000,000+**  
Practitioners



**6000+**  
Client Agencies



**Register for  
training**  
[handlewithcare.com](http://handlewithcare.com)

Our verbal training helps you use the power of your relationship with the child to de-escalate and redirect tension to avoid physical intervention whenever possible. If verbal intervention alone cannot contain behavior, HWC has engineered a proprietary holding method specifically designed for small children known as the “Modified PRT for Smaller Children™” in 1984. This holding method is safer and more effective than all of the other holds which have been used for young children.

We also teach a Carry Method to transport the child to a safer, quieter space when the child is unwilling or unable to leave the stimulation of the classroom on his own.

Children engaging in challenging behaviors are often looking for assurance that adults are in control of the school environment. The adult cannot put the responsibility on a child to regain inner control once it has been lost. It is our responsibility to ensure and reassure the child that they are safe.

**Instructor Certification.** We offer a Train-The-Trainer program that enables your in-house Certified Trainers to teach HWC to all of your faculty, aides and administrators.

**For more information and to register for training**

[www.handlewithcare.com](http://www.handlewithcare.com)

## **Handle With Care Early Childhood Program Outline (Approximate Ages 3 - 8)**

### **Comprehensive Verbal Skills Training**

- The Tension/Tension Reduction Cycle Model™
- The Solid Object Relationship Model™
- Self Assessment and Role Playing Exercises

### **Comprehensive Physical Skills Training**

#### **HWC Early Childhood Personal Defense**

- Escape Techniques
  - Hair pull
  - Biting
  - Pinching/grabbing
- Blocking Techniques
  - Punches
  - Kicks
- Third Person Saves
  - Saving another child or teacher from harm
- Breaking up fights



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### **The Modified PRT for Smaller Children™**

Our centerpiece proprietary holding method is the Modified PRT for Smaller Children™. This holding method is engineered to calm the child and prevent stress to young joints.

### **Transport**

- The Modified PRT for Smaller Children™ has its own Carry Method

### **Letting Go Process**

- Enables the child to return to a calm mind-state while releasing them from the hold

### **HWC Early Childhood Instructor Certification Program/Train-the-Trainer**

We offer an Instructor Certification Program that enables your Trainers to teach HWC's Early Childhood Program to other faculty, aides and administrators

The Handle With Care Early Childhood Program is fully documented in written manuals.

24/7 Technical Support: Answers to technical questions and training questions.

Contact us or go to our website for more information.

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