

Teaching the Science of Behavior Management

We offer highly specialized training that teaches the safest and most powerful verbal and physical intervention methods in the history of the industry.



HANDLE WITH CARE®
Behavior Management System

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Handle With Care is the world's first totally integrated crisis intervention system. Established in 1984, Handle With Care has created safer human service environments in over 6000 organizations in all 50 states and internationally, earning us a reputation for teaching the safest and most powerful verbal and physical intervention methods in the history of the industry.

Handle With Care technology is being used with clients, age 4 years to geriatric, across the entire spectrum of human services. There are well over 1,000,000 Handle With Care practitioners, many of those are working with children and adults in some of the most challenging and reputable healthcare and hospital environments in the United States. Handle With Care is recognized by and used in thousands of organizations accredited by professional regulatory bodies, including:

- CARF (The Rehabilitation Accreditation Commission)
- COA (The Council on Accreditation for Children and Family Services)
- Joint Commission (formerly JCAHO) and DOH
- HWC's program complies with all US Rules and Laws regarding the use of restraint and seclusion



50%+
Reduction in number
of restraints & injuries



1,000,000+
Practitioners



6,000+
Client Agencies



**Register for
training**

handlewithcare.com

Handle With Care's program teaches staff to develop and use their management and relationship skills to reduce tension, create and maintain a calm and safe environment for all. Our verbal training prepares you to use the power of the relationship to de-escalate the tension level of someone in crisis and avoid physical intervention whenever possible. Handle With Care's physical training enables you to manage critical events when the only appropriate response is the prompt skillful use of physical restraint.

We believe that physical intervention is something that is done "for" a person and not "to" them. HWC's holding method, the Primary Restraint Technique ("PRT"), is an easy to learn, orthopedically safe and powerful standing hold. It offers unprecedented mechanical advantage without pain or injury to preserve your relationship with that child or adult. A standing PRT communicates therapeutic control so effectively that a takedown is usually unnecessary. The PRT patented holding method is safer, more effective and requires fewer staff to safely manage a crisis than any other crisis intervention/restraint training program in the world. Those who complete HWC training will have the verbal and physical tools to de-escalate a crisis.

Instructor Certification. We offer a Train-The-Trainer program that allows your in-house trainers to instruct HWC throughout your organization.

For more information and to register for training

www.handlewithcare.com

Handle With Care Program Outline

Comprehensive Verbal Skills Training

- The Tension/Tension Reduction Cycle Model™
- The Solid Object Relationship Model™
- Self Assessment and Role Playing Exercises

Comprehensive Physical Skills Training

- HWC Personal Defense System
 - Escape Techniques
 - Blocking Techniques
 - Third person saves
- The Primary Restraint Technique® (PRT®) and Takedown (seated, prone and/or supine configurations)
 - Modified PRT for Smaller Children™ (i.e. children aged 3-6)
- Two Person Escort Position and Takedown
- Team Restraint
 - Organizing Codes
- Specialized Interventions
 - Use of Seclusion and Mechanical Restraints
 - Breaking up Fights



Scan to visit our Website

Instructor Certification Program/Train-the-Trainer

- We train in-house Instructors who can then train your staff in HWC's verbal and physical skills program

The Handle With Care System is fully documented in written manuals, video and power points.

24/7 Technical Support and Expert Analysis: Technical questions, training questions, video analysis or "how to" questions. Expert civil or criminal testimony can also be provided.

Contact us or go to our website for more information.

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