

# Teaching the Science of Behavior Management

We offer highly specialized training that teaches the safest and most powerful verbal and physical intervention methods in the history of the industry.



**HANDLE WITH CARE**  
Behavior Management System

## **HANDLE WITH CARE®** Behavior Management System

Handle With Care is the world's first totally integrated crisis intervention system. Established in 1984, Handle With Care has created safer human service environments in over 6000 organizations in all 50 states and internationally, earning us a reputation for teaching the safest and most powerful verbal and physical intervention methods.

Handle With Care technology is being used throughout the entire human services environment including Juvenile Justice (State facilities, private programs, courts, probation and detention), residential programs, and group homes. There are over 1 million Handle With Care practitioners working in some of the most challenging and reputable human and social service environments.

Handle With Care is recognized by professional regulatory bodies, including:

- Office of Juvenile Justice and Delinquency Prevention (OJJDP)
- National Partnership for Juvenile Services (NPJS) and National Center for Juvenile Justice
- National Council of Juvenile and Family Court Judges, National Center for MH and Juvenile Services
- IDEIA, ADA and 504
- CARF (The Rehabilitation Accreditation Commission)
- COA (The Council on Accreditation for Children and Family Services)
- Joint Commission (formerly JCAHO) and DOH
- HWC's program complies with all US Rules and Laws regarding the use of restraint and seclusion



**50%+**  
Reduction in number  
of restraints & injuries



**1,000,000+**  
Practitioners



**6000+**  
Client Agencies



Handle With Care's program teaches staff to develop and use their management and relationship skills to reduce tension, create and maintain a calm and safe environment for all. Our verbal training prepares you to use the power of the relationship to de-escalate the tension level of someone in crisis and avoid physical intervention whenever possible. Handle With Care's physical training enables you to manage critical events when the only appropriate response is the prompt skillful use of physical restraint.

We believe that physical intervention is something that is done "for" a person and not "to" them. HWC's holding method, the Primary Restraint Technique® (PRT®), is an easy to learn, orthopedically safe and powerful standing hold. It offers unprecedented mechanical advantage without pain or injury to preserve your relationship with your clients. A standing PRT communicates therapeutic control so effectively that a takedown is usually unnecessary. The PRT patented holding method is safer, more effective and requires fewer staff to safely manage a crisis than any other crisis intervention/restraint training program. Those who complete HWC training will have the verbal and physical tools to de-escalate a crisis and maintain safety.

**Instructor Certification.** We offer a Train-The-Trainer program that allows your in-house trainers to instruct HWC throughout your organization.

**For more information and to register for training**

[www.handlewithcare.com](http://www.handlewithcare.com)

## Handle With Care Program Outline

### Comprehensive Verbal Skills Training

- The Tension/Tension Reduction Cycle Model™
- The Solid Object Relationship Model™
- Self Assessment and Role Playing Exercises

### Comprehensive Physical Skills Training

- HWC Personal Defense System
  - Escape and Blocking Techniques
  - Third person saves
- The Primary Restraint Technique® (PRT®)
  - Standing, seated, floor (prone and supine) configurations
  - The PRT® in its prone configuration featuring our patented safeguards to prevent chest compression and the possibility of positional asphyxiation.
- Two Person Team Restraint and Escorts
- Specialized Interventions
  - Team Intervention and Deployment
  - Entering and Exiting Rooms
  - Coordinating an Intervention Team
  - Optional Tactical Team and Shield Training
  - Use of Time-out and Seclusion
  - Breaking up Fights
  - Handcuffing (standing, seated, floor)
- For additional interventions See HWC's PLUS program
- Letting Go and Debriefing



Scan to visit our Website

### Instructor Certification Program/Train-the-Trainer

We train in-house Instructors who can then train your staff in HWC's verbal and physical skills program.

The Handle With Care System is fully documented in written manuals, video and power points.

24/7 Technical Support and Expert Analysis: Technical questions, video analysis and expert testimony.

Contact us or go to our website for more information.

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**Behavior Management System**

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