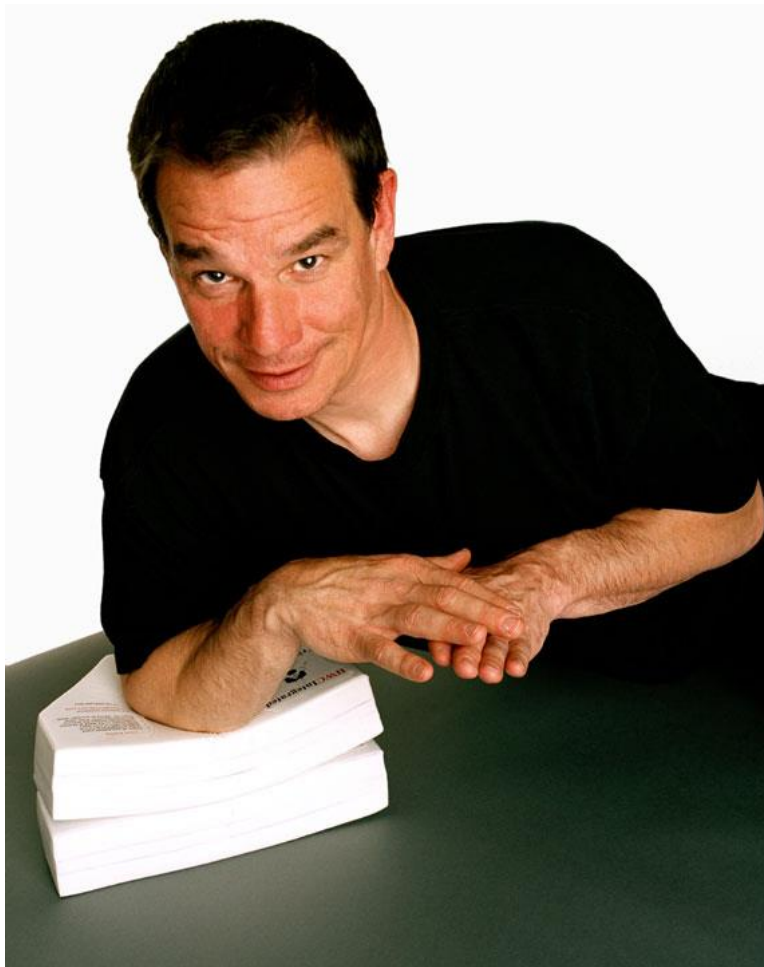


Instructions For Using
The PRT Tripod Stand™
(Patented, 2000)

**The only passive holding method in history
protected by U.S. Patent**



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Attention Agency: You are required to provide one copy of these Instructions, the “Participant Manual” and “Tripod Advisory” to each person trained in Handle With Care

Product Purpose

The Primary Restraint Technique (PRT)[®] and Takedown, Tripod Modification[™] and PRT Tripod Stand[™] (Patented, 2000) are combined into a groundbreaking U.S. and International “Apparatus and Method” patent. It is an innovation so important that it has been granted a patent by the U.S. Patent Office.

The Tripod Stand will help you maintain an effective “Tripod Modification” during a Primary Restraint Technique (PRT) Neutral Position (prone restraint) hold by providing a safe and comfortable place on which to rest 100% of your upper body weight. The PRT Tripod Stand is actually two differently sized sections that accommodate small and medium sized clients (relative to yourself). Both sections attach to each other with a unique “suction system” to configure a taller Tripod Stand for larger children and adults.

In an emergency or unplanned application of a PRT, the Tripod Stand is brought to a restraint location by HWC trained support staff as they arrive on the scene. Tripod Stands should be strategically placed in staff-secure locations that enable a quick deployment in emergencies. In an organized escort or team restraint, when the application of the PRT is a possibility, it is brought to the location by the team for immediate deployment. We can help you determine the appropriate number of Tripod Stands needed by your agency.

Introduction

During every Handle With Care “Basic” and “Instructor” training program” a Certified Instructor is required to instruct and review the following information concerning the Primary Restraint Technique (PRT).

- The “Tripod Modification” creates a weight-bearing bridge that prevents the chest compression of a client in a “Neutral Position PRT”, thereby reducing the risk of positional asphyxia.
- Any combination of factors, including but not limited to the client’s physical condition, medications, chest compression, duration of the restraint and inattentiveness by staff can cause the death or serious injury of a client in a Neutral Position PRT.
- For the safety, health and welfare of your client, it is critical that you use the Tripod Modification and follow all of the guidelines listed in the “Tripod Advisory” that is attached to your “Participant Manual”.

If the training you received did not include the Tripod Modification with all of its related precautions or you were not given a copy of the document titled “Tripod Advisory”, please inform your supervisor now and cease using the PRT immediately until you have reviewed and fully understand the Tripod Advisory. Please reach our office using the contact information on page 6.

WARNINGS

**PLEASE READ AND FULLY UNDERSTAND ALL WARNINGS, TRAINING
PROTOCOL AND INSTRUCTIONS BEFORE USING THIS PRODUCT**

Warnings and Precautions:

- Do not use this product unless you have received PRT Tripod Stand Training from a currently Certified Handle With Care Instructor.
- Read and understand the “Tripod Advisory” section of the “Participant Manual”. If you do not have the “Participant Manual” or the Tripod Advisory, please notify your supervisor & contact HWC at (845) 255-4031.
- Continuously monitor the physical and emotional safety of the client at all times during every application of a PRT. Pay close attention for any change in breathing, breath sounds, skin color and for any changes in alertness, consciousness or ability to communicate with you.
- Immediately terminate any PRT hold that results in a negative impact on the client.
- Ask someone to relieve you if you are unable to perform a Tripod Modification for any reason.
- Always terminate physical or mechanical restraint as quickly as possible.
- We strongly recommend that all persons working directly with clients, including those who might use any form of physical restraint, including the PRT, complete CPR training and receive instruction on the side effects of all medications prescribed to your clients and any special needs, medical or otherwise, of every client under your care and supervision.

Note: Applying a Neutral Position PRT to clients with certain conditions could result in serious injury, disability, or death. Some factors, including but not limited to physical exhaustion, medications and physical conditions such as pregnancy, asthma, heart disease, etc, may require special precautions, including using the “modified settle position”. Consult the client’s physician for any special precautions that may be indicated. Take every action necessary to protect the safety of the client at all times.

- This device CANNOT prevent chest compression. You must shift or lean 100% of your upper body weight onto the stand in order to maintain a Tripod Modification without chest compression.
- Configure the Tripod Stand (using either or both sections together as necessary) to enable the PRT person to shift 100% of their upper body weight onto the Stand (as shown in cover photo) and maintain a complete weight bearing bridge over the client.
- The Tripod Stand must be used on a flat, stable surface.
- If the Tripod Stand becomes unstable for any reason, you must continue to maintain the Tripod Modification without the Stand, by shifting your weight, body position and how far you lean, as necessary. Reposition the Tripod Stand immediately and stabilize the client’s hand or arm manually to prevent access to it.

Training Protocol and Instructions

Instructors must thoroughly familiarize themselves with the Tripod Stand and training protocol before instructing “Basic” students in its use. Conduct the following exercises during the “round-up discussion”, when you would normally introduce or review the Tripod Modification with them (following the PRT takedown training - Module 7)

Empty-Hand Tripod Modification - Training Exercise

1. Lay on the floor in an empty hand tripod modification without the Tripod Stand, with 100% of your weight on your outside elbow (i.e. hands against chest in PRT position as in the “Tripod Modification” illustration in the manuals.
2. The Tripod Stand has two sections (note the difference in thickness of both sections). Place (or have someone else place) the shorter (3-layer) Tripod Stand section under your weight bearing outside elbow and perform an empty-hand tripod modification that supports your entire upper-body weight on the stand.
3. Repeat the exercise, switching to the taller (4 layer) section.
To activate the suction system:
 - Place the taller section on the floor with the logo facing up.
 - Stack the shorter section (with its logo facing up) directly on top of the taller section, making sure all sides of both sections match.
 - Place your hand or fist into the oval cutout of the top section and press down forcefully.
4. Repeat the exercise with both sections pressed together to experience your maximum possible height on the Tripod Stand.

Tripod Stand Training Exercise – With a Partner

5. Perform a tripod modification on someone without the Tripod Stand.
Tip: You can avoid doing the takedown by starting from the Neutral Position.
 6. Have someone place the Tripod Stand under your weight-bearing elbow. If necessary, have them lower the height of the Stand by removing one of the sections.
 - Shorter stand for a small child
 - Taller stand for a medium sized child
 - Combine them for a large child or adult
- Note:** Always have any person who assists you configure the Stand in a manner that enables you to shift 100% of your upper body weight onto the Tripod Stand. Communicate freely with each other to make any adjustments necessary.
7. Check with the person you are restraining to confirm that all of your weight is off their chest.
 8. Once you have set all of your upper body weight on the stand (and you are ready), have the person on the bottom struggle moderately.

Tip: Make sure the tip of your elbow rests in the oval cutout as shown in the cover photo. If the struggling upsets or displaces the stand, have someone reset the Stand under your elbow and assist by stabilizing the struggling person's arm/hand, as necessary.

Two Person Team Restraint Training Exercise

Present this block of instruction during the Two Person Escort/ Two Person Takedown training (Module 8), during the briefing that normally occurs just before you spot them through the pass and takedown.

Review the Tripod Advisory as it relates to Team Restraint. During any application of a Two Person Neutral Position PRT, the leg person must leave the legs and reposition himself/herself near the client's head and dedicate his attention to monitoring the safety of the client.

The leg person is now responsible for:

- Placing the Tripod Stand under the correct elbow of the PRT person.
- Ensuring that 100% of the PRT person's upper body weight is supported by the Stand by guiding them to shift the angle that they need to lean their upper body onto the Stand.
- Checking with the person being restrained to confirm that the PRT person's weight is off their chest.
- Continuously monitoring the physical and emotional safety of the client.
- Relieving the PRT person if they become unable to maintain a proper Tripod Modification (with or without the Stand).

After Spotting Them to the Neutral Position:

1. Have the leg person vacate the legs.
2. Hand him the Tripod Stand and have him position it correctly under the PRT person's outside/weight-bearing elbow.
3. Have him check to make sure that the PRT person's upper body weight is shifted completely onto the stand. Confirm that the weight has been properly distributed onto the Tripod Stand with the PRT person and the person being restrained.
4. Have both partners practice the "transition in and out of the PRT"; removing the stand just before they transition and repositioning it properly after the transition is complete, maintaining a Tripod Modification throughout.

Note: In the event that there are more than two staff members involved in the restraint, the leg person may remain at the legs and another staff member may be dedicated to monitoring the client and assisting with the Tripod Stand placement, etc. If it is a planned or organized escort/restraint, we recommend that someone carry the Tripod Stand to the crisis location to be used as necessary.

Routine Care and Maintenance

The top and bottom surfaces of both sections must be clean for the suction system to work. Use a cleaning product that is vinyl friendly. Always replace a Tripod Stand if there is any evidence of excessive wear or any defect that could lead to its failure to perform as intended. Do not alter the Stand in any manner or use it for any other purpose. Do not store anything on the Tripod Stand.

Warranty

This product is warranted for 1 year from purchase and will be replaced for defects in materials or workmanship only. It is not warranted for normal wear or tear. Handle With Care Behavior Management System, Inc., HWCIntegrated, Inc., HWCPlus, Inc., and Bruce Chapman (personally) are not liable for any damages or injuries related to the use or misuse of this product. By using this product you are agreeing to the conditions of this warranty.

For further information about:

Any HWCIntegrated Product
Please contact us at 845-256-0306

“If you love our training you’ll love our products”

For further information about:

Handle With Care Behavior Management System Training
Or
HWCPlus Defensive Tactics System Training for Law Enforcement
Please contact us at 845-255-4031

184 McKinstry Rd.
Gardiner, NY 12525
Fax: 845-256-0094
E-Mail: HWCBruce@aol.com

Visit our website:

www.handlewithcare.com

For HWC Training and HWC Product Information

**Watch for the release of CerviPro SpitGuard and HWCIntegrated
Soft Mechanical Restraint System™**