

Handle With Care Program Outline

Comprehensive Verbal Skills Training

- The Tension/Tension Reduction Cycle Model™
- The Solid Object Relationship Model™
- Self Assessment and Role Playing Exercises

Comprehensive Physical Skills Training

- HWC Personal Defense System
 - Escape Techniques
 - Blocking Techniques
 - Third person saves
- The Primary Restraint Technique® (PRT®)
Standing, seated, floor/supine configurations
- Early Childhood Program
Modified PRT for Smaller Children™ (i.e. children aged 3-8)
- Two Person Escort
- Specialized Interventions
 - Team Intervention
 - Use of Time-out and Seclusion
 - Breaking up Fights
- Letting Go and Debriefing

Instructor Certification Program/Train-the-Trainer

We train in-house Instructors who can then train your staff in HWC's verbal and physical skills program.

The Handle With Care System is fully documented in written manuals, video and power points.

24/7 Technical Support and Expert Analysis: Technical questions, video analysis and expert testimony.

Contact us or go to our website for more information.

HANDLE WITH CARE®
Behavior Management System

T: 845 255 4031 E: info@handlewithcare.com

www.handlewithcare.com

Teaching the Science of Behavior Management

We offer highly specialized training that teaches the safest and most powerful verbal and physical intervention methods in the history of the industry.



HANDLE WITH CARE
Behavior Management System

www.handlewithcare.com



30-50%
Reduction in number
of restraints & injuries



1,000,000
Practitioners



5000+
Client Agencies



HANDLE WITH CARE® Behavior Management System

Handle With Care is the world's first totally integrated crisis intervention system. Established in 1984, Handle With Care has created safer human service environments in over 5000 organizations in all 50 states and internationally, earning us a reputation for teaching the safest and most powerful verbal and physical intervention methods.

Handle With Care technology is being used with students from preschool through high school. There are over 1 million Handle With Care practitioners working with children and adults in some of the most challenging and reputable education and school environments.

Handle With Care is used by small and large schools districts as well as regional education centers.

Handle With Care is recognized by professional regulatory bodies, including:

- IDEIA, ADA and 504
- CARF (The Rehabilitation Accreditation Commission)
- COA (The Council on Accreditation for Children and Family Services)
- Joint Commission (formerly JCAHO) and DOH
- HWC's program complies with all US Rules and Laws regarding the use of restraint and seclusion

Handle With Care's program teaches staff to develop and use their management and relationship skills to reduce tension, create and maintain a calm and safe environment for all. Our verbal training prepares you to use the power of the relationship to de-escalate the tension level of someone in crisis and avoid physical intervention whenever possible. Handle With Care's physical training enables you to manage critical events when the only appropriate response is the prompt skillful use of physical restraint.

We believe that physical intervention is something that is done "for" a person and not "to" them. HWC's holding method, the Primary Restraint Technique® (PRT®), is an easy to learn, orthopedically safe and powerful standing hold. It offers unprecedented mechanical advantage without pain or injury to preserve your relationship with that student. A standing PRT communicates therapeutic control so effectively that a takedown is usually unnecessary. The PRT patented holding method is safer, more effective and requires fewer staff to safely manage a crisis than any other crisis intervention/restraint training program. Those who complete HWC training will have the verbal and physical tools to de-escalate a crisis and maintain safety.

Instructor Certification. We offer a Train-The-Trainer program that allows your in-house trainers to instruct HWC throughout your organization.

For more information and to register for training