

# PLUS™

## Defensive Tactics System

The next logical step up the use of force continuum



**HANDLE WITH CARE®**  
Behavior Management System

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We introduced our revolutionary behavior management system, Handle With Care™ to the adult and juvenile justice fields at the International Association of Correctional Training Personnel (IACTP) Conference in 1987. It was a time when rising concerns about use of force litigation, as well as offenders' rights made our introduction especially timely. The Handle With Care System is the most powerful non-violent crisis intervention in existence.

Over the years, the unique demands of the correctional and law enforcement environment have challenged us. We have been continuously improving and expanding the capability of our technology to meet that challenge. The next logical step in that evolution is here.



**30-50%**  
Reduction in number  
of restraints & injuries



**1,000,000**  
Practitioners



**5,000+**  
Client Agencies



# PLUS™

## Defensive Tactics System

Plus was developed for the law enforcement and security community including adult jails, prisons, hospital and event security and juvenile correctional environments that operate at higher risk levels. Plus includes the optional Self-Defense System, the “A Frame” Takedown methods and the Plus Team Restraint components; all adapted to specifics of your environment and the types physical threats and duties that your security, line staff and CERT teams face.

Plus contains legally defensible techniques and methods that are higher on the use of force continuum than those found in the Handle With Care System.

## PLUS Program Outline

### Comprehensive Verbal Skills Training

- The Tension / Tension Reduction Cycle Model™
- The Solid Object Relationship Model™

### Comprehensive Physical Skills Training

- PLUS Self-Defense System
- Blocking Techniques
- Striking Techniques (optional)
- The Primary Restraint Technique® (PRT®) and Takedown
  - PRT “A-Frame” Takedown
  - PRT High Speed “A-Frame Takedown
  - Defending from the Neutral (floor) Position
  - PRT Speedcuffing - Standing, Neutral Position and Assisted
- Team Restraint.
  - HWC Two Person Escort Position and Takedown
  - “Double Gooseneck” Kneeling, Takedown and Speedcuffing
  - “Double Sankyo” Standing Wall Restraint and Speedcuffing
- Specialized Interventions.
  - Breaking up fights
  - Room Entry and Extraction.
  - Use of Seclusion and Mechanical Restraint

### Instructor Certification Program/Train-the-Trainer

- We train in-house PLUS Instructors who can then train your staff.

The PLUS System is fully documented in written manuals, video and power points.

24/7 Technical Support and Expert Analysis: Technical questions, training questions, video analysis or “how to” questions. Expert civil or criminal testimony can also be provided.

Contact us or go to our website for more information.

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Tel: 845 255 4031 E: [info@handlewithcare.com](mailto:info@handlewithcare.com)